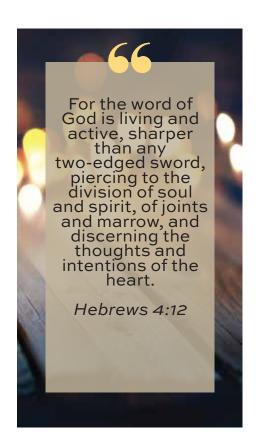
Connections

July & August 2022



Rocky Railway VBS

Hua Ming Newman

I'm so excited to be directing Vacation Bible School this year, and I can't wait to meet all the youth from around our community who will be attending!

Rocky Railway Vacation Bible School (VBS) will take place August 1-5 in the Palouse Park (Hayton-Greene Park), on West Main St. VBS is a week-long event for youth in kindergarten through 6th grade. Each day will start at 9 AM and last until 12 PM.



This year, our main focus is on how Jesus' power pulls us through. At Rocky Railway, kids explore Jesus' power and how they can trust Jesus to pull them through when life feels like a valley or a mountain top.

Youth and volunteers can register on the Palouse Federated Church Web site: palousechurch.org/vbs Your kids can expect a week full of faith discoveries, memorable music, and a serene setting that sets a course for trusting Jesus' power.

With the amazing group of station leaders who already have stepped up to help, **we also need people to be crew leaders**. Crew leaders must be going into 7th grade or older.

If you have any questions, feel free to contact myself or the Palouse Federated Church office. We can't wait to see you there!

Palouse Federated Church 635 N. Bridge St. Palouse, WA 99161 (509) 878-1509 www.palousechurch.org

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Sunday Service

Every Sunday we have one united worship service at 10 AM. We hope you can make plans to join us as we Worship Together.

Childcare for children age 3 and potty-trained through age 8 will continue in the basement classrooms with Bible stories.





Spiritual Disciplines for Your Summer

Corey Laughary, Pastor

I want to encourage you to practice life-giving spiritual disciplines this summer. Proverbs 12:1 says, in a very straightforward way, that discipline is good for us:



"Whoever loves discipline loves knowledge, but he who hates reproof is stupid."

A foundational discipline for every Christian, of any age, is to spend time learning God's Word. In our PFC Spiritual Growth Guide you can read a short introduction to "Reading the Word" (page 197) as a discipline. Check it out! If you don't have a Spiritual Growth Guide, let us know - and we will get you one!

"During this summer, whether you find yourself spending time at the river, or soaking up sun in your back yard, consider making scripture a part of your daily routine."

We have Bibles and Bible resources for people of all ages and stages of their journey. If you need a story book Bible for a child, we have some. If you want a Study Bible to go deeper into understanding God's Word, we have that too.

During this summer, whether you find yourself spending time at the river, or soaking up sun in your back yard, consider making scripture a part of your daily routine. You can pack that Bible to travel with you or load the Bible app on your phone or tablet.

As a church, we will be starting the "Lamp and Light Journey" in late July going through August. This campaign focuses on learning and memorizing encouraging scriptures, so that we can have God's Word in our mind and heart for the challenges of life that are bound to come. I encourage you to fully participate in the "Lamp and Light Journey"- pick up weekly post cards and posters, memorize the verses and even share them with others for encouragement!

You can learn more about other spiritual disciplines like prayer, worship, sabbath, silence, and simplicity in the Spiritual Growth Guide. Join us on Wednesday nights at 6:30 PM this summer as we dive into these spiritual practices and learn how we can practice them in our everyday lives.

(See PFC's Spiritual Growth Guide, Section 6 - "Spiritual Disciplines," starting on page 194.)

Depending on Jesus,

Pastor Corey



Grounds Maintenance Help Needed

Are you looking for a place to serve the church? Do you enjoy working the earth and tending plants?

Just a few hours a week through the summer can help us keep our garden beds looking beautiful.

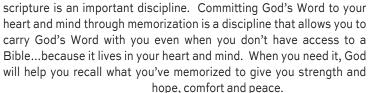
Contact the church office at (509) 878-1509 if you're interested in helping out.

Lamp & Light Journey

In Psalm 119:105 the Psalmist declares:

"Your word is a lamp to my feet and a light to my path."

To know God's Word you have to be in God's Word, therefore reading the



Lamp & Light Journey July 24 - August 28

Pick up your weekly resources at the church or look on social media to download images.

Our Lamp & Light Journey takes place from July 24 – August 28. Each week, a new verse to memorize will be posted in the Fellowship Hall. Additionally, postcards/cards will be available for you to take as a reminder or to send to a friend. The verses will also be featured in our weekly e-mails.

This Summer, may we all turn to the scriptures as a lamp to our feet and a light to our paths – to guide us on the journey as we strive to live righteously, love our neighbors and share the gospel.

LAMP
TO MY FEET
TO MY PATH

You can access online worship resources, sermon audio, newsletters, and online giving at: palousechurch.org

Mission Partner Profile Family Promise of the Palouse

Each year, the Executive Board determines an allocation formula for our mission giving -10% of all tithes and offerings. The Hope for All Children Orphanage in Uganda receives \$750 monthly for a total of \$9,000 annually, and the remaining amount is distributed quarterly to our mission partners. This year, we have a new mission partner, Family Promise of the Palouse.



Family Promise helps local communities coordinate their compassion to address the root causes of family homelessness in a holistic manner, providing prevention services before families reach crisis, shelter and case management when they become homeless, and stabilization programs once they have secured housing to ensure they remain independent.

Family Promise taps existing local resources to empower families toward economic stability. More than 800 trained volunteers, 10 host congregations, and 20 partner congregations have contributed more than 50,000 volunteer hours to ensure that the families who come to the organization in crisis can rebuild their lives with new skills and ongoing support.

Census: Individuals served: 276

Families served: 89

Number of children served: 156 Pregnant women served: 10 Average Length of Stay: 60 Days

Success: Families Secure Permanent Housing: 75%

Families Secure Transitional Housing: 2%

Families Exit To Housing: 81%

Services Provided: Bed nights provided: 13,330

Meals provided: 40,198

Adults employed while at FPP: 53% Families participate in aftercare: 41

Families Receiving Prevention Services: 7*

For more information about Family Promise of the Palouse, check out their Web site (familypromisepalouse.org), or talk with Pastor Corey or

Peggy Collier.

*Statistics current through 8/31/2021.

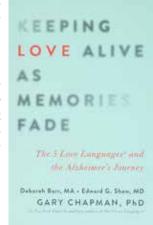
The Home Start Program (photo at right) provides families with the items they need to help set up their new homes.





Kenny Graves Memorial Bookshelf

Many of us are familiar with the 5 Love Languages, thanks to the work of Gary Chapman, Ph.D., author, speaker, and counselor, who has a passion for people, and for helping them form lasting relationships. For those who may be unfamiliar, the premise of *The 5 Love Languages* book is quite simple: different people with different personalities give and receive love in different ways. By learning to recognize these preferences in yourself and in your loved ones, you can learn to identify the root of your conflicts, connect more profoundly, and truly begin to grow closer.



"Keeping Love Alive
As Memories Fade is
about how love
gently lifts a corner
of dementia's dark
curtain to cultivate
an emotional
connection amid
memory loss."

~ Gary Chapman ~ Author In Keeping Love Alive As Memories Fade, Chapman, together with co-authors Deborah Barr and Edward G. Shaw, help readers discover the resilient power of love in our relationships with people suffering from dementia and looking for hope. The disease already has taken so much from our loved ones, and we may be weary from the fight, but with guidance from professionals and the stories of committed caregiviers, you can gain strength to brave the road ahead.

Keeping Love Alive As Memories Fade is available in the Kenny Graves Memorial Book Shelf at the church if you'd like to read it or share it with someone who might benefit from reading it themselves.



Every Tuesday at 6 PM through the Summer, Palouse's Youth Advisory Board is hosting Summer Sports. Follow YAB on Instagram for the weekly update on location & activities.



Palouse Pool Summer Schedule

Monday - Friday

12 - 1 PM Swim Team Practice

1 - 4:30 PM Open Swim

5 - 6 PM Lap Swim & Water Aerobics

6 - 8 PM Open Swim

Saturday & Sunday

1 - 4:30 PM Open Swim 5 - 6 PM Lap Swim 6 - 8 PM Open Swim

The Pool Will Close...

- When the air temperature is 68° F or lower.
- When dangerous weather conditions exist.
- In the event of a pool contamination (clean-up time + 1 hour).



Palouse Food Pantry

July 27 & August 24 1-2:30 PM & By Appointment Calvary Chapel of Palouse

Order Online: palousefoodpantry@gmail.com
Or Call the Pantry: (509) 595-3048
In-person pick up, or delivery by request.



Sponsored by the Palouse Arts Council 6 the Palouse Chamber of Commerce Beer garden sponsored by the Palouse Community Center

Seasons of Change

Tina Laughary, Congregational Care

My grandmother recently had to have some trees cut down at her house. These trees were not healthy and a bit too close to her house. The insurance company was insisting they be taken out for her own safety. Still, it was hard for her to see them come down. You see, she and my grandpa planted those trees



together—seventy years ago. She had carefully watered the seedlings and watched them grow.

"If you woke up this morning and your life doesn't look the way you thought it would, look to Jesus. He is the constant in the world of change. He may move you, but he will never leave you."

Over the many years, her kids, and then grandkids, and later great-grandkids, had played around them and enjoyed their shade. She has sat—for hours inside the warm house watching her beloved birds come and go and nest and live in the branches of the trees. Yes, it was time for them to come down, but there is a grief involved with the process, a sadness.

Isn't that the way it goes with change? Even when we understand why it is necessary, even when it is absolutely for the best, change is difficult. I was thinking about the Apostle Paul after reading Acts 9. Paul (known then as Saul) was at the

beginning of what looked like a really successful career. People followed him, people feared him—it was what he had always dreamed of, but everything changed when he met Jesus. Paul's "life-plan" turned on a dime. Paul proclaimed with his very breath his love for Jesus. The changes in his life were good, but I know they weren't easy. How did he have that conversation with his mother—his friends, letting them know that his ambitions and convictions had changed, that everything would be different from now on?

Maybe you are in a season of change. Do you find yourself in place of having to let go of what you thought your life would look like at this point? Maybe something bad is responsible for the change, a death, a diagnosis, a job loss, a pandemic. Maybe it was something good, a promotion, a job change, a new baby. If you woke up this morning and your life doesn't look the way you thought it would, look to Jesus. He is the constant in the world of change. He may move you, but he will never leave you. It is ok to grieve the loss of your expectations. You should talk it over with

"God has a plan for you too. He will love you well, even as you may be saying goodbye to someone or something you have dearly loved."

someone, pray about it, journal it out. Acknowledge your loss, and then give it over to the one who holds the world in his hands. He had a plan for the Apostle Paul. He was a key leader in the early church, he spread the gospel, equipped young leaders and served God well. God has a plan for you too. He will love you well, even as you may be saying goodbye to someone or something you have dearly loved.

As I have told my grandma, it is ok to cry. God catches those tears and holds them in a bottle, with the same mighty hands that catch us and hold us through every season of life, even the seasons of change.



PFC Executive Board Update

PFC Executive Board Meetings are held on the 3rd Tuesday of the month at 7 PM in the Fellowship Hall. If you'd like to attend, or if you have a matter the Board should discuss, please come to the meeting or contact one of the Board Members.

Current Board members are: Jim Fielder (Chair), Dennis Griner (Clerk), Peggy Collier, Brenda Cook, Cam Heusser, and Pastor Corey Laughary.

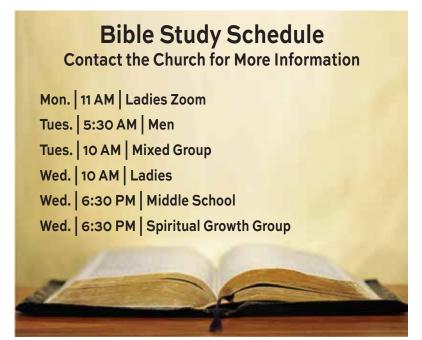
Minutes of the PFC Executive Board are available and will be sent in the weekly church e-mail following approval. Past minutes are available upon request.

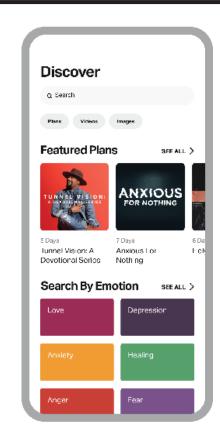


Camp 2022 By the Numbers

23 Area Youth 3 First Time Campers 8 Scholarships (\$1,649)

Praise God for a joyous Christian camping season at Ross Point Camp! Thank you for your generous donations to help cover the costs for campers. Follow Ross Point Camp on Facebook or learn more at rosspoint.org





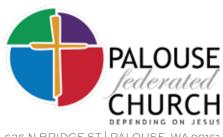
"That You May Believe" Sermon Series Schedule Check out the scripture schedule below for upcoming sermons and Bible studies.

July 17 Jesus Died [John 19:28-30] July 24 Jesus' Dead Body [John 19:31-42] July 31 Jesus' Empty Tomb [John 20:1-10] August 7 Jesus' Alive Body (Part 1) [John 20:11-18] Jesus' Alive Body (Part 2) [John 20:19-29] August 14 Jesus and His Signs and Our Faith [John 20:30-31] August 21 August 28 Guest Preacher: Phil Weagraff

Our "That You May Believe" sermon series is taking us through the Gospel of John. Consider joining a YouVersion Bible App reading plan this month. Contact Pastor Corey if you would like to join a John reading plan, or if you need help finding a different plan that works for you!







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